



COMMONWEALTH VASCULAR INSTITUTE
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PATIENT PREPARATION FOR ABDOMINAL VASCULAR TESTING *(AORTA, ILIACS, ENDOGRAFT, MESENTERIC, & RENALS)*

INSTRUCTIONS:

1. You may eat a light dinner the night before the test. (AVOID GASSY FOODS for example Beans, cabbage, salads, fried foods, etc)
2. NOTHING TO EAT OR DRINK - No coffee, soda, food or drink of any type after 8pm. This rule is in effect until AFTER your study has been completed – If you are Diabetic, NOTHING TO EAT OR DRINK after Midnight.
3. Medications can be taken with a sip of water in the morning. If you are Diabetic please withhold diabetic medications.
4. Over the counter Gas X or Beano is suggested and can be taken the night before and the morning of testing. This is helpful especially if you have a history of excessive gas.
5. Please avoid SMOKING and CHEWING GUM the day before and the day of the test. This will reduce air in the stomach/intestines.

If any of these instructions have not been met, your study may not be accurate and may have to be rescheduled for a later date.

ANY QUESTIONS OR CONCERNS, PLEASE CALL THE OFFICE AT: 757-539-7824